



2010 GOVERNOR'S GAMES
Track & Field Championships
June 5th – 6th



LSU – Bernie Moore Stadium
Baton Rouge, LA

Host: Crescent City Track Club
John Boyer – Meet Director

This meet is sanctioned by AAU & The Louisiana Governor's Council on Physical Fitness & Sports.

Eligibility is open to any athlete and/or Club/Team who holds current AAU membership card.

To view information packet, go to www.saaug.org or www.dhh.state.la.us/offices/?ID=91.

Each athlete must be registered online at www.coacho.com. **ONLY MASTER CARD AND VISA CREDIT CARDS WILL BE ACCEPTED. Cash, checks and money orders will not be accepted. NO REFUNDS will be issued.**

Entry Procedure: The team coach should enter his athletes, using the on-line registration process. Primary, Sub Bantam, Bantam and Sub Midget & Midget Divisions may compete in a maximum of 3 events, including relay participation. Sub Youth, Youth, Intermediate and Young Men and Women may compete in a maximum of 4 events, including relay participation.

PROOF OF AGE WILL BE REQUIRED IF CHALLENGED

All participants are required to bring a copy of their birth certificate, driver's license or other acceptable proof of age.

Entry Fee: \$ 16 per Participant (Relays included)

Entries: **ENTRY DEADLINE IS WEDNESDAY, JUNE 2nd, NO EXCEPTIONS!!!
NO REFUNDS!**

Spectator Tickets: \$5 for Adults /\$2 for children under 12.

Running Events: Athletes will report to Clerk of Course for check-in.
(Clerk of Course may reheat as required to reduce required heats.)

Field Events: Athletes will report to event for check-in. **Coaches will not be allowed on the track or field event areas once competition has begun.**

Rules: The meet will be conducted under the competitive rules of the National Governing Body.

Protest: There will be a \$50 cash protest fee. The protest must be in writing (page number & rule) and submitted within 30 minutes of the incident in question.

Equipment: Starting blocks will be provided and are strictly the option of the individual athlete.

Awards: Each registered athlete will receive a Governor's Games T-shirt. Custom medals of Gold, Silver and Bronze will be awarded to the top-three finishers in each event.
NEW THIS YEAR: Events will be scored, and an award will be presented to the top GIRL'S team, and one to the top BOY'S team.
No awards will be mailed out after the meet.

Merchandise: FINE DESIGNS will be selling shirts on both days.

Athlete Check-in: Packets for teams and unattached participants will be given Friday, June 4, 2010, 3:00 PM – 7:00 PM at the Meet Headquarters: Radisson Baton Rouge; 2445 S. Acadian Thruway; Baton Rouge, LA 70808; 888-368-7578; 225-236-4000
Packets may also be picked up at 7:00 AM on June 5, 2010, at the entrance to LSU – Bernie Moore Stadium . **You are strongly advised to pick up your packet on Friday night, rather than on Saturday morning!**

For additional information:

John Boyer
548 Oak Glen Dr.
Gretna, LA 70056
504-366-4242 (Home)
504-343-4242 (Cell)
504-361-5100 (Fax)
email: boyertrack@aol.com

Meet Registration:

Carroll Boyer
504-366-4242 (Home)
504-367-8299 (Office)
email: carrollboyer@aol.com

2010 LA. GOVERNOR'S GAMES SCHEDULE

Saturday, June 5, 2010

FINAL SCHEDULE

**PWG – PeeWee Girls (2004 & after)	BB – Bantam Boys (2000)	YG – Youth Girls (1996)
**PWB – PeeWee Boys (2004 & after)	SMG – SubMidget Girls (1999)	YB – Youth Boys (1996)
PG – Primary Girls (2002-2003)	SMB – SubMidget Boys (1999)	IG – Intermediate Girls (1994-1995)
PB – Primary Boys (2002-2003)	MG – Midget Girls (1998)	IB – Intermediate Boys (1994-1995)
SBG – SubBantam Girls (2001)	MB – Midget Boys (1998)	YW – Young Women (1992-1993)
SBB – SubBantam Boys (2001)	SYG – SubYouth Girls (1997)	YM – Young Men (1992-1993)
BG -Bantam Girls (2000)	SYB – SubYouth Boys (1997)	

**** PeeWee Girls & Boys can only run 50 mtr., 100 mtr., 200 mtr.**

ST = Semi Finals

T=Timed Finals

F=Finals

FIELD EVENTS **

TIME	EVENT	DIVISION	
9:00 am	Long Jump (2 pits)	YW-YM-IG-IB-YG-YB-SYG-SYB-MG-MB-SMG-SMB-BG-BB-SBG-SBB-PG-PB	F
	High Jump (2 pads)	SBG-SBB-BG-BB-SMG-SMB-MG-MB-SYG-SYB-YG-YB-IG-IB-YW-YM	F
	Javelin	YW-YM-IG-IB-YG-YB-SYG-SYB	F

****NOTE: ALL JUMPS & THROWS – (FOUR (4) ATTEMPTS ONLY).**

RUNNING EVENTS *

This is a rolling schedule

TIME	EVENT	DIVISION	
10:00am	3000 mtr Run	SMG-SMB-MG-MB-SYG-SYB-YG-YB-IG-IB-YW-YM	TF
	1500 mtr Racewalk	SBG-SBB-BG-BB-SMG-SMB-MG-MB	TF
	4x100 mtr Relay	PG-PB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM	SF
	110 mtr Hurdles (39")	IB-YM	SF
	100 mtr Hurdles (33")	SYB-YB-IG-YW	SF
	100 mtr Hurdles (30")	SYG-YG	SF
	80 mtr Hurdles (30")	SMG-SMB-MG-MB	SF
	50 mtr Dash	PWG-PWB	SF
	100 mtr Dash	All Divisions	SF
	400 mtr Hurdles (36")	IB-YM	TF
	400 mtr Hurdles (30")	IG-YW	TF
	200 mtr Hurdles (30")	SYG-SYB-YG-YB	TF
	4x800 mtr Relay	MG-MB-YG-YB-IG-IB-YW-YM	TF
	200 mtr Dash	All Divisions	SF

***NOTE: If not enough runners in SF, event will be run as a Final at that time.**

***NOTE: Some distance races may be combined due to number of participants.**

This schedule is subject to change without notice, depending upon the number of entries received. Be sure to check the revised posted time schedule upon arriving at LSU-Bernie Moore Stadium. Some events may have combined age groups.

2010 LA. GOVERNOR'S GAMES SCHEDULE Sunday, June 6, 2010

FINAL SCHEDULE

PWG – PeeWee Girls (2004 & after)
PWB – PeeWee Boys (2004 & after)
PG – Primary Girls (2002-2003)
PB – Primary Boys (2002-2003)
SBG – SubBantam Girls (2001)
SBB – SubBantam Boys (2001)
BG -Bantam Girls (2000)

BB – Bantam Boys (2000)
SMG – SubMidget Girls (1999)
SMB – SubMidget Boys (1999)
MG – Midget Girls (1998)
MB – Midget Boys (1998)
SYG – SubYouth Girls (1997)
SYB – SubYouth Boys (1997)

YG – Youth Girls (1996)
YB – Youth Boys (1996)
IG – Intermediate Girls (1994-1995)
IB – Intermediate Boys (1994-1995)
YW – Young Women (1992-1993)
YM – Young Men (1992-1993)

FIELD EVENTS **

TIME	EVENT		DIVISION	
9:00 am	Triple Jump	(2 pits)	YW-YM-IG-IB-YG-YB-SYG-SYB	F
	Shot Put	(2 rings)	PG-PB-SBG-SBB-BG-BB-SMG-SMB-MG-MB-SYG-SYB-YG-YB-IG-IB-YW-YM	F
	Discus (follows Shot Put)		SMG-SMB-MG-MB-SYG-SYB-YG-YB-IG-IB-YW-YM	F
	Pole Vault		SYG-SYB-YG-YB-IG-IB-YW-YM	F

****NOTE: ALL JUMPS & THROWS – (FOUR (4) ATTEMPTS ONLY).**

RUNNING EVENTS *

This is a rolling schedule

TIME	EVENT	DIVISION	
10:00 am	3000 mtr Racewalk	SYG-SYB-YG-YB-IG-IB-YW-YM	TF
	1500 mtr Run	All Divisions (except Primary)	TF
	100 mtr Dash	All Divisions	F
	400 mtr Dash	All Divisions	TF
	50 mtr Dash	PWG-PWB	F
	800 mtr Run	All Divisions	TF
	110 mtr Hurdles (39")	IB-YM	F
	100 mtr Hurdles (33")	SYB-YB-IG-YW	F
	100 mtr Hurdles (30")	SYG-YG	F
	80 mtr Hurdles (30")	SMG-SMB-MG-MB	F
	4x100 mtr Relay	PG-PB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM	F
	200 mtr Dash	All Divisions	F
	4x400 mtr Relay	BG-BB-MG-MB-YG-YB-IG-IB-YW-YM	TF

***NOTE: Some distance races may be combined due to number of participants.**

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